

KAIPARA DISTRICT COUNCIL WELLBEING CALENDAR



Appendix C

OCTOBER	NOVEMBER	DECEMBER	JANUARY	FEBRUARY	MARCH
5 Ways to Wellbeing	Movember	Festive Wellbeing	Slip Slop Slap, Skin Cancer Awareness	Heart Awareness	Endometriosis Awareness
APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER
Flu Immunisation	Quit for Life	Bowel Cancer Awareness	Midwinter Protection – Focusing on Mental Health for Remote Workers	Breastfeeding Awareness	Prostate Cancer Awareness Month